

## OHSAA Regulations On Steroids and Performance-Enhancing Drugs

If you use anabolic steroids or other performance-enhancing drugs, you are ineligible for interscholastic competition until medical evidence indicates that your system is free of these items.

### OHSAA Regulations On Preparation Evaluations and Consent Forms

Each year you must submit a physical examination form signed by a medical examiner before you begin practice for school sport. In addition, your parents/guardian and you must sign the OHSAA Authorization and Consent Forms. Procedures will be reviewed by school officials.

Physical examinations are valid for one year from the date of the exam except for those that take place from May 1-June 1. Those exams are valid for one year plus through the end of the next school year.

## Sporting Behavior

You are expected to accept seriously the responsibility and privilege of representing your school and community while participating in interscholastic athletics. As a student-athlete, you are expected to:

Treat opponents, coaches and officials with respect. Display no behavior that could incite fans or other participants in the contest or which is intended to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin. Remember that winning isn't everything. Having fun, improving your skills, making friends and doing your best are also important.

The OHSAA has established a policy for students ejected or disqualified for unsporting behavior or flagrant fouls. If you are ejected or disqualified, you will:

Be ineligible for all contests for the remainder of that day. Be ineligible for all contests at all levels in that sport until two regular season/tournament contests are played at the same level as the ejection (one contest in football).

If you are ejected or disqualified a second time in a season, you are subject to additional, stiffer penalties, including suspension from play for the remainder of the season in that sport.

**Note:** The complete OHSAA ejection/disqualification policy for unsporting behavior can be found in the *OHSAA Handbook* and is posted on the OHSAA web site [www.ohsaa.org](http://www.ohsaa.org).

## Ohio High School Athletic Association Overview

Now in its 103rd year, the Ohio High School Athletic Association is a non-profit service organization that regulates and administers interscholastic competition in a fair, consistent and impartial manner. This means the OHSAA ensures that everyone has a chance to compete on an even playing field.

Approximately 830 high schools and 830 7th-8th grade schools belong to the OHSAA, which represents over 350,000 students competing in 24 sanctioned sports (12 for boys and 12 for girls). Schools voluntarily become members of the OHSAA.

Each member school has an equal voice in determining the bylaws and constitution of the OHSAA. Regardless of the size of the school or whether the school is public or non-public, each member school has one vote. When a school becomes a member of the OHSAA, it agrees to follow the regulations as approved by the membership.

The OHSAA Board of Directors is charged with employing the administrative and support staff; determining contest rules and regulations; organizing a series of statewide tournaments, and hearing appeals of rulings that are made by the commissioner or his staff. Board representatives are members of the teaching profession, are employed full-time by a member school and are elected to their positions.

The OHSAA commissioner and his staff are charged with enforcing the regulations and promoting the purpose of interscholastic athletics. Among their duties are to answer questions from the member schools and make interpretations on the regulations; prepare for and conduct tournaments; serve as an educator by conducting meetings, clinics and workshops for officials, coaches, administrators and student-athletes, and manage the fiscal affairs of the association. There currently are eight administrators and 12 support staff members employed by the OHSAA, with the office located in Columbus.

The OHSAA is organized into six geographic regions called athletic districts. Each nine-member District Athletic Board assists the OHSAA in conducting sectional and district tournaments.

The OHSAA receives no tax money. The primary source of financial support comes from tournament gate receipts. Schools are assessed no fees to maintain membership within the OHSAA or to enter OHSAA tournaments. They are provided rule books, educational materials and other printed items along with catastrophic accident insurance coverage that is paid for by the OHSAA at an annual cost of over \$700,000. Additionally, the OHSAA reimburses schools for many of their tournament expenses and allows schools the opportunity to keep some of the receipts from the sale of tournament tickets.

## OHSAA High School Eligibility Checklist

Before you play, you must be eligible. Please review the following checklist with your parents. Unchecked boxes will likely mean you are NOT eligible. For questions, see your principal or athletic administrator.

- I am officially enrolled in an OHSAA member high school.
- I am enrolled in at least five one credit courses or the equivalent, each of which counts toward graduation.
- I received passing grades in at least five one credit courses or the equivalent, each of which count toward graduation, during my last grading period.
- I have at least one parent living in Ohio.
- I have not changed schools without a corresponding move by my parents or legal guardian or by qualifying for one of the exceptions to the OHSAA transfer regulation.
- If I have changed schools (transferred), I have followed up with my previous school and my new school to ensure that all proper forms have been submitted to the OHSAA.
- I have not been enrolled in high school for more than eight semesters.
- I did not turn 19 before August 1, 2009.
- I have not received an award, equipment or prize valued at greater than \$200 per item.
- I am competing under my true name and have provided my school with my correct home address.
- I have not competed in a **mandatory** open gym/facility, conditioning or instructional program.
- I have not been coached or provided instruction by a school coach in a team sport or cross country, track & field and wrestling other than during my sport season or for no more than 10 days between June 1 and July 31 (applies to team sports only).
- I am not competing on a non-school team during my school team's season.
- I have not been recruited to attend this school.
- I am not using anabolic steroids or other performance-enhancing drugs.
- I have had a physical examination within the past year and it is on file at my school.
- My parents and I have signed the OHSAA Authorization Form and the OHSAA Eligibility and Authorization Statement and they are on file at my school.



**2009-10 Student-Athlete Eligibility Guide**  
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Ohio High School Athletic Association

## Ohio High School Athletic Association Regulations Overview

Participating in your school's interscholastic athletics program will provide some of your most memorable and enjoyable moments ever. Your state association, the Ohio High School Athletic Association, has standards that must be met in order to be eligible to compete.

The essential eligibility requirements in this publication are only a summary of some of the regulations affecting student eligibility. Most requirements are published in the *OHSAA Handbook*, which can be found in the offices of your principal and athletic administrator and is posted on the OHSAA web site ([www.ohsaa.org](http://www.ohsaa.org)). Your school district also has the authority to establish additional academic standards and codes of student or athletic conduct.

Any questions you have concerning the OHSAA standards or your athletic eligibility should be reviewed with your school principal or athletic administrator. **You should also meet with these administrators EVERY TIME before you change your course schedule or drop a course.** Should you transfer schools, you must follow up with your previous school and your new school to ensure that all proper forms have been submitted to the OHSAA.

The eligibility standards of the OHSAA have been adopted by the member schools and were accepted by your school when it became an OHSAA member.

You are urged, as a student-athlete, to study these standards carefully since you are responsible for compliance with these standards.

Best wishes as you learn the valuable lessons that come with your participation in interscholastic athletics!

## OHSAA Regulations On Scholarship

High school students (grades 9-12) must be currently enrolled in a member school and have received passing grades in a minimum of five (5) one credit courses, or the equivalent, in the immediately preceding grading period.

Seventh- and eighth-grade students must be currently enrolled in a member school and have received passing grades in 75 percent of the subjects in which enrolled.

You may not use summer school grades for failing grades received or lack of courses taken in the final grading period.

Your semester or yearly grades have no effect on OHSAA eligibility.

Those taking postsecondary school courses must comply with OHSAA scholarship regulations. The eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. **Note:** Check with your principal or athletic administrator to determine the exact date that eligibility will be restored.

## OHSAA Regulations On Residence

You may attend any public or non-public high school in which you are accepted when you enter high school (grade 9) from a 7th-8th grade school. Eligibility is established by:

1. Participating in a contest (scrimmage, preview or regular season game) prior to the first day of school, or
2. Attending the first day of school at any high school (or attending the first five days of school for freshmen).

If your parent or legal guardian lives outside of Ohio, you are ineligible unless one of the exceptions to the regulations met. These exceptions to the out-of-state residency rules are found in Bylaw 4-6.

## OHSAA Regulations On Transfers

Once you establish your eligibility at a high school, a transfer to a different high school will mean you will be ineligible for athletics for one year from the date of enrollment in the new school.

There are several exceptions to this regulation. To see if you qualify for an exception, you and your parents should arrange a meeting with your principal or athletic administrator.

If additional questions concerning these regulations remain, school principals or athletic administrators should contact the OHSAA.

## OHSAA Regulations On Semesters

After establishing ninth-grade eligibility, you are permitted eight (8) semesters of athletic eligibility.

The semesters are taken in order of attendance once ninth-grade eligibility has been established. Semesters are counted toward eligibility whether you participate in interscholastic athletics or not. There are exceptions to this regulation, so please arrange a meeting with your principal or athletic administrator to review these exceptions.

## OHSAA Regulations On Home Schooling

If you are home schooled and enrolled in an OHSAA member school in accordance with the school's board-adopted partial enrollment policy, you may be eligible for interscholastic athletics participation at the school where you are enrolled and attending.

- To be eligible, you must enter the OHSAA member school from the home school at the beginning of the school year after having been home schooled for at least one calendar year.
- Failure to meet the one-year provision will require you to be enrolled for a minimum of one grading period before eligibility can be granted.

## OHSAA Regulations On Age

High school students (grades 9-12) who turn 19 years of age prior to August 1, 2009, are ineligible for interscholastic athletics.

Seventh- and eighth-grade students who turn 15 years of age prior to August 1, 2009, are ineligible for 7th-8th grade athletics but are eligible to participate in high school athletics.

- There are exceptions to this regulation, so please arrange a meeting with your principal or athletic administrator to review these exceptions.

## OHSAA Regulations On Awards

You may receive awards as a result of athletic participation in interscholastic athletics from any source. However, the value cannot be more than \$200 per award.

## OHSAA Regulations On Amateurism

You will lose your amateur status and forfeit your eligibility if you:

- Compete for money or other monetary compensation.
- Capitalize on your athletic fame by receiving money, merchandise or services.
- Receive expenses or compensation from a sponsor unless that sponsor is a recognized amateur governing body or organization, recognized by a member school or its your parent or guardian.
- Sign a contract or make a commitment to play professional athletics.
- Receive services, merchandise or any form of financial assistance from a professional sports organization.
- Compete with a professional athletics team even if no pay is received.
- Enter into an agreement with a sports or marketing agent.

## OHSAA Regulations On False Information

If you compete under a name other than your own or provide a false address, you immediately become ineligible.

## OHSAA Regulations On Open Gyms

School officials may designate open gyms or facilities and the sports to be played. You may participate in open gyms or facilities provided:

- No one is limited from participating.
- No one is required to attend.
- No school officials invite selected students or determine the teams.
- No school officials transport students to either school or non-school facilities.
- No timing or written scoring is kept.
- No coaching or instruction is provided.

Violating these rules may result in your being declared ineligible for a maximum of one (1) year.

## OHSAA Regulations On Instruction/Camps

You may attend camps, clinics and workshops that involve team play any time between June 1 and July 31.

- Team play means there is more than one player opposing one player.
- There is no limit on the number of students from the same school team that may participate on the same non-school team from June 1 to July 31.

You may receive instruction from a coach from a school team only:

1. During the season of the sport, or
  2. For 10 days only from June 1 to July 31.
- Note:** Interscholastic coaches in the individual sports of bowling, golf, gymnastics, swimming & diving and tennis may coach athletes from the school where employed outside the interscholastic season of the sport.

You may receive individual skill instruction from a non-school coach at any time during the year in individual or group lessons.

Members of a school football team may play in non-contact football contests and attend non-contact team football camps at any time between June 1 and July 31. Remember, however, that the 10-day regulation for instruction from school coaches is in effect.

**Note:** It is a violation if a coach suggests your participation in an instructional program is mandatory.

## OHSAA Regulations On Non-School Teams

You may not try out, practice or participate in a contest with a non-school team while a member of a school team in the same sport.

- In individual sports of bowling, cross country, golf, gymnastics, swimming and diving, tennis, track and field and wrestling, however, you may practice and try out for a non-school team but may not compete in a contest.

Those in the team sports of baseball, basketball, field hockey, football, ice hockey, soccer, softball and volleyball may try out, practice and compete on non-school teams before and after the school season provided:

1. The number of students from the same school on the roster of the non-school team is limited to five (5) students in the sports of soccer, field hockey and ice hockey; four (4) students in the sports of baseball and softball; three (3) students in the sport of volleyball, and two (2) students in the sport of basketball. School football team members are prohibited from competing on non-school teams except from June 1 to July 31. **Note:** Seniors are exempt from these limitations after the conclusion of their sport season. In addition, there is no limit on the number of students from the same school team that may participate on the same non-school team from June 1 to July 31.
2. You have no contact with school coaches while on a non-school team other than the 10 days permitted between June 1 and July 31.

- Violating these rules during the school season may result in your being declared ineligible for the remainder of the school season.
- Violating these rules outside the school season may result in your being declared ineligible for the next season.
- Violating these rules by a senior may result in that student being declared ineligible for the remainder of the school year.

## OHSAA Regulations On Recruiting

You will be declared ineligible if you are recruited by a person or group of persons to change schools. Any attempt by you to recruit a prospective student-athlete for athletic purposes is also prohibited. A violation may also affect the eligibility of the school team.

## OHSAA Regulations On Alcohol, Tobacco, Drugs

You are prohibited from using any form of alcohol, tobacco or illegal drugs at the playing site of an interscholastic contest. The penalty is disqualification from that contest, and you will likely face additional school and/or legal penalties.